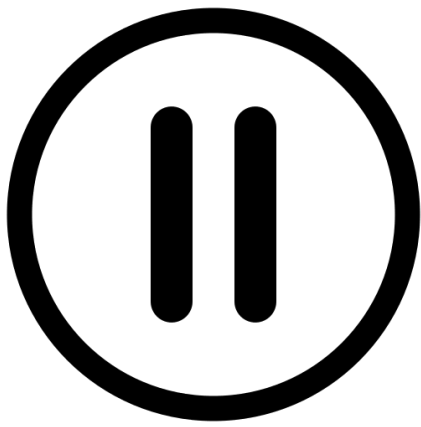




paus



slappna av



chilla



läsa



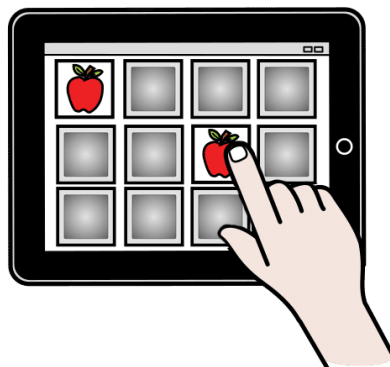
dricka vatten



vila



lyssna på musik



spela



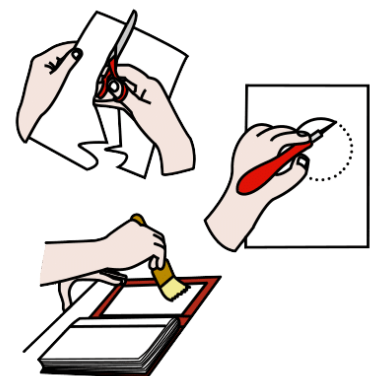
kolla på telefonen



rita



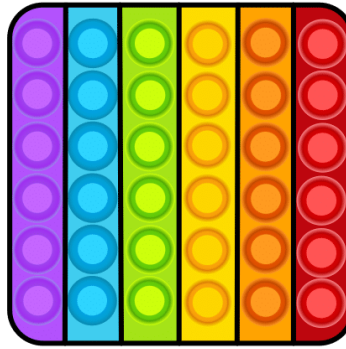
färglägga



pyssla



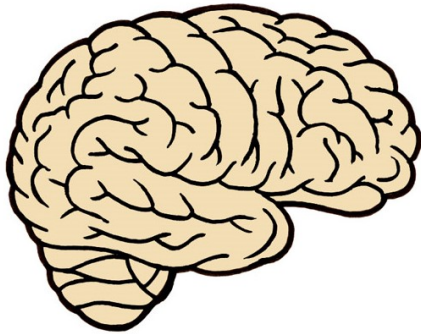
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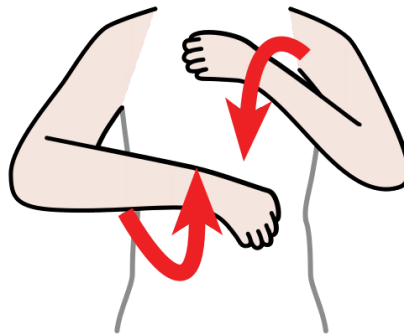
fokusera



spela



hjärnpaus



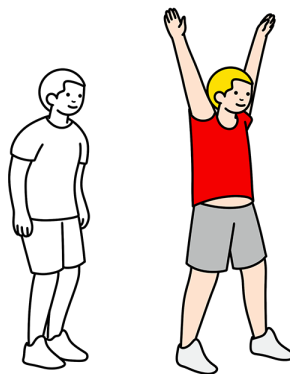
rörelsepaus



dansa



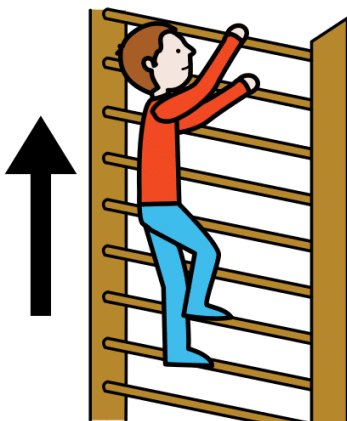
hoppa på studsmatta



x-hopp



hoppa på ett ben



klättra



gunga



gå ut